

JESUS, HELPER OF THE HELPLESS

- 1: Psalm 142:1-7
- 2: Jonah 2:1-10
- 3: Matthew 15:21-28
- 4: Matthew 14:22-33
- 5: Luke 8:40-42 & 49-56

What need do you have in your life that you want to see God work mightily regarding?

What would God have you do to have that need met?

1. Recognize your helpless condition – what needs do you have?
2. Cry out in desperation to God for help
3. Believe God can and will meet that need
4. Follow after God and use the means He provides
 - a. His Word, His Spirit, and Prayer
 - b. Personal Discipline
 - c. The church/other believers
 - d. Accountability

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____